

Everyday Wellness Clinic Gluten-Free Bakeries & Desserts

The NW Oregon area boasts **15** dedicated 100% gluten-free retail bakery locations!

Be suspicious of regular bakeries offering gluten-free options due to cross-contact risk with gluten.

- Back To Eden (3 locations)** backtoedenbakery.com **100% dedicated GF bakery**
2217 NE Alberta, Portland (bakery) 503-477-5022
2215 NE Alberta, Portland (café)
4804 SE Woodstock Blvd, Portland (food cart) 503-477-5022
Vegan dishes, organic chocolate, animal-free. Pastries, donuts, cakes, cupcakes, bars. Dairy-free ice cream & soft serve.
- Bella Luna Gluten-Free Bakery & Pie Shop** **100% dedicated GF bakery**
Yamhill 503-662-0098
10 minutes from Beaverton. Currently special orders and catering. Looking for new location. Watch the FB page for updates.
- Blue Moon Bakery** bluemoonbakingco.com **100% dedicated GF bakery**
PO Box 2762, Hillsboro 503-730-2844
Wholesale and Hillsboro Farmers Market bakery. See website for retail locations. Occasional warehouse sales.
- Columbia Gorge Gluten Free** columbiagorgeglutenfree.com **100% dedicated GF bakery**
740 East Steuben **Bingen, WA** 541-645-0570
Gluten-free retailer and wholesaler in the Gorge. Opened in 2016 and drive-through window in 2017.
- Estelle** estelle-bakery.com **100% dedicated GF bakery**
Special order European bakery items, also cupcakes, cakes, pies, tarts, cookies, etc. Portland Saturday Market & some cafes.
- Gluten Free Gem Bakery & Café** glutenfreegem.com **100% dedicated GF bakery**
140 NE Broadway, Portland 503-288-1508
Bakery and café serving cakes, donuts, scones, bars, coffeecakes, quiche and espresso. Wholesale to hospitals, coffee shops. Long-time 100% GF bakery (1st in Portland) opened as Corbett Coffee Plant Sept 2006.
- Happy Campers Gluten-Free** happycampersgf.com **100% dedicated GF bakery**
Portland area
Wholesale GF bakery makes bread organic and dairy-, egg-, soy-, sugar-, rice-, and corn-free. Available most stores or online.
- Jensen's Bread and Bakery** jensensbread.com **100% dedicated GF bakery**
3420 SE 21st Ave. Portland 503-208-3987
Wholesale breads, rolls, hamburger buns (Better Buns) and hot dog buns. Dock sale direct to public every other month.
- Kyra's Bake Shop (formerly Crave)** kyrasbakeshop.com **100% dedicated GF bakery**
599 A Ave, **Lake Oswego** 503-212-2979
Bakery and café/restaurant. Winner of Cupcake Wars on The Food Network, *four* times against regular gluten cupcakes!
- Liberated Baking** liberatedbaking.com **100% dedicated GF bakery**
16100 SE 82nd Dr, **Clackamas** 503-545-9797
Opened February 2013. Meals also served. Some gluten-free grocery items.

Dr. Lisa Shaver
Everyday Wellness Clinic
1033 SW Yamhill #300 Portland OR 97205 503.222.1315
[Facebook.com/DrLisaShaver](https://www.facebook.com/DrLisaShaver)

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Little Bean

1241 NW Johnson St, Portland

Garbanzo-based ice cream, waffles and sweet and savory pastries. Dairy-free, nut-free, soy-free, non-GMO.

littlebean.com

100% dedicated GF bakery

New Cascadia Traditional

1700 SE 6th Avenue Portland

Pastries, bread, cakes, cookies, cupcakes, pizza, sandwiches. Brunch on Sunday. GF pizza dough to-go. Since spring 2007.

newcascadiatraditional.com

503-546-4901

100% dedicated GF bakery

Petunias Pies & Pastries

610 SW Alder, Portland

Offers soy-free, vegan options. Serves lunch & dinner items. Wine/beer/liquor/cocktails. Open evening and Sundays. Food cart at Portland Farmers Market Saturdays at PSU.

petuniaspiesandpastries.com

503-841-5961

100% dedicated GF bakery

Tiny Moreso

4520 NE 42nd Ave, Portland

Raw plant-based drinks, desserts, snacks, smoothies from in the Culley neighborhood. HQ for Rawdacious cheesecake production

tinymoresopdx.com

503-602-4243

100% dedicated GF bakery

Vintage & Cream Bakery

Based in Lake Oswego

Sells at a few cafes, online, and does special orders. No retail location or storefront. Occasional farmers markets.

vintageandcream.net

503-830-6450

100% dedicated GF bakery

The following bakeries have gluten in their kitchens, so cross-contact is almost guaranteed. If you have celiac disease, non-celiac gluten sensitivity or a wheat allergy, eat at your own risk.

Bliss Bake Shoppe

4708 NW Bethany Blvd, Portland

Some GF cupcakes daily. Located in Bethan Village Centre. Mixed kitchen/cross-contact alert.

blissbakeshoppe.net

503-645-6000

Black Sheep Bakery

523 NE 19th St, Portland

Vegan baked goods, organic and local ingredients. Mixed kitchen/ cross-contact alert.

blacksheepbakery.com

503-517-5762

Jade Bistro & Patisserie

7913 SE 13th Ave, Portland

Wide variety of teas, gluten-free pastries and their specialty of gluten-free rice balls. Mixed kitchen/ cross-contact alert..

jadeportland.com

503-477-8925

Piece of Cake Bakery

8306 SE 17th Ave, Portland

Complete line of vegan, wheat free, gluten-free, sugar free cakes and desserts. Mixed kitchen/ cross-contact alert.

pieceofcakebakery.net

503-234-9445

White Rabbit Bakery

21368 Pacific Hwy E (Hwy 99), Aurora

Cakes, muffins, brownies, cookies, pies. Majority of items made are GF. Mixed kitchen/ cross-contact alert.

whiterabbitbakery.com

503-267-9044

If you hear of a new location, please let Dr. Shaver know, and it will be added to the list.

Equally let us know if you have an adverse reaction or poor quality at any of these locations.

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We recommend that you call and let the manager/owner know ASAP. They can retrace their steps, correct employee mistakes and keep it from occurring for other people.

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